

Psychedelic Nursing Resources List

by Catherine Williams, RN, RPN, RCHN, RM

(psychedelic nurse, addiction specialist, Afrikaburn/Zendo harm reductionist)

Many of these resources were mentioned during her
OPENurses Interview on August 17th, 2021.

Click here to watch: <https://youtu.be/-oV3dA1hXWA>

NURSING THEORY RESOURCES

<https://nursology.net/>

Book Knowledge Development in Nursing 10th Edition by Chinn & Kramer
https://www.mea.elsevierhealth.com/knowledge-development-in-nursing-9780323530613.html?gclid=CjwKCAjwmqKJBhAWEiwAMvGt6Np8aC_KaVL5LzM-itmhhUTGYxhJ2kuxpI5dSm-IW2q7vhlwQY6C6RoCunoQAvD_BwE&gclidsrc=aw.ds

Science of Unitary Human Beings- Martha Rogers

<https://www.societyofrogerianscholars.org/>

<https://journals.sagepub.com/doi/abs/10.1177/0894318415615112?journalCode=nsqa#:~:text=As%20a%20unit%20of%20knowledge,without%20spatial%20and%20temporal%20attributes.>

<https://nursology.net/2020/12/15/celebrating-50-years-of-the-science-of-unitary-human-beings/>

Health as Expanding Consciousness- Margaret Newman

<https://nursology.net/nurse-theorists-and-their-work/newmans-theory-of-health-as-expanding-consciousness/>

Book-Transforming Presence- the difference that nursing makes by Margaret Newman

Book- Health as Expanding Consciousness by Margaret Newman

Emancipatory Theory of Compassion- Jane Georges

<https://nursology.net/nurse-theorists-and-their-work/theory-of-emancipatory-compassion-for-nursing/#:~:text=Compassion%20and%20suffering%20take%20into,issues%2C%20such%20racism%20and%20sexism.&text=The%20theory%20asserts%20that%20it,moral%20imagination%2C%20and%20enhance%20voice.>

<https://pubmed.ncbi.nlm.nih.gov/23370495/>

<https://journals.sagepub.com/doi/abs/10.1177/0894318419845386>

Peace and Power Theory Peggy Chinn

<https://peggychinn.com/>

<https://peaceandpowerblog.org/>

ADVOCACY, ACTIVISM & EMANCIPATORY NURSING PRAXIS

<https://nursemanifest.com/>

Book Philosophies-and-Practices-of-Emancipatory-Nursing-Social-Justice-as-Praxis by Kagan-Smith-Chinn

<https://www.routledge.com/Philosophies-and-Practices-of-Emancipatory-Nursing-Social-Justice-as-Praxis/Kagan-Smith-Chinn/p/book/9780415793407>

nursing theory collective

twitter- @NursingTheoryCo

<https://nursology.net/resources/the-nursology-theory-collective/#:~:text=The%20omission%20of%20the%20Nursology,education%2C%20research%2C%20and%20policy.>

TRAINING & CERTIFICATION

Mandala Assessment Research Instrument MARI

<https://www.maricreativeresources.com/>

Spirit2Spirit trauma therapy certification

<https://www.spirit2spirithealing.com/blank-incv7>

Trauma Releasing Exercises

<https://traumaprevention.com/>

Somatic Experiencing

<https://traumahealing.org/>

Synthesis Institute

<https://www.synthesisretreat.com/>

Therapy skills

Dialectical Behavioural Therapy

Acceptance and Commitment Therapy ACT

Motivational Interviewing

Hakomi therapy

Jungian analysis

Mindfulness Based Cognitive Therapy <https://www.mbct.com/>

Compassion focused therapy <https://www.compassionatemind.co.uk/>

Expressive arts therapies

Art, movement, dance, music/sound therapy

Resuscitation skills

American Heart Association--Advanced Cardiac Life Support (ACLS) or BLS for HCP

Breathwork

Holotropic breathwork and more- Dan Brule <https://breathmastery.com/>

Trauma Informed Care

<https://www.air.org/our-work/human-services/trauma-informed-care>

<https://www.samhsa.gov/>

MUSIC RESOURCES

Wavepaths is an incredible group that help therapists create live, adaptable playlists for ketamine therapy <https://wavepaths.com/>

Catherine William's Spotify profile for Ketamine Therapy (playlists 1 to 13)

<https://open.spotify.com/user/31br6rym7nxsyqbhzqxy4m2bsnu?si=76368f724e6244ea>